



August 19, 2011

To: Sound Health & Wellness Trust PPO Plan Participants

Re: NEW PHARMACY BENEFITS PROVIDERS  
Effective August 29, 2011

The Sound Health & Wellness Trust is pleased to announce that, effective August 29, 2011, **Catalyst Rx** has been selected to administer your retail pharmacy prescription drug benefits and their home delivery service, **Catalyst Mail** will administer mail order prescriptions. In addition, **US Specialty Care (USSC)** will administer the specialty prescription drug benefit program starting August 29, 2011. **All of your prescription drug benefit co-payments are remaining the same – only the providers administering the benefits are changing.**

#### RETAIL PHARMACIES

The **Catalyst Rx** pharmacy network includes all of the Trust's Custom Network Pharmacies. As always, if you use a Trust Custom Network pharmacy, you will only pay the required co-payment when you pick up your prescription. For a full list of the Custom Network Pharmacies, go to the Trust's website at [www.soundhealthwellness.com](http://www.soundhealthwellness.com) and choose Prescription Coverage under the Benefits tab. If you fill your prescription for a covered medication at one of Catalyst Rx's 60,000 retail pharmacies that are not part of the Trust Custom Pharmacy Network, you will have to pay the full discounted price up front and submit a claim to the Trust Office for benefit reimbursement. If you have any questions, please call Catalyst Rx at (877) 629-3126.

#### HOME DELIVERY

As part of your benefits, you can also enjoy the convenience of prescription home delivery through **Catalyst Mail**. If you currently receive home delivery of prescriptions through informedMail, you should have already received information about transferring your prescriptions to Catalyst Mail. To start a new prescription through home delivery, please call Catalyst Mail at (866) 814-7105 to have the forms and return envelope mailed to you.

#### SPECIALTY PRESCRIPTION DRUGS

Specialty drugs include but are not limited to injectable medications, oral medications for cancer or medications for transplants. If your doctor prescribes a specialty drug, when you present the prescription to your pharmacist, they will let you know whether it can be filled at your retail pharmacy or whether it should be filled through **US Specialty Care (USSC)**, the Trust's new specialty prescription drug benefit administrator. If your prescription is a specialty drug and your retail pharmacy is unable to fill it, your pharmacist will give you instructions on how to contact USSC. If you currently receive specialty medications through Ascend, you should have already received information regarding transferring your prescriptions to USSC. If you have questions about specialty medications, please call USSC at (800) 641-8475 during the hours of 9:00 a.m. to 5:00 p.m. Pacific Time.

**Be sure to refer to your Summary Plan Description booklet for an explanation of the co-pays and any limitations or exclusions on prescription drug coverage.**

#### **NEW HEALTH PLAN ID CARDS**

In the next couple of days, you will receive new health plan identification (ID) cards in the mail that will include Catalyst Rx information. **Please note that you must present the new card when you visit your pharmacy on or after August 29, 2011** as it contains information needed to process your prescriptions through Catalyst Rx. Your current ID card will no longer be valid after August 28, 2011.

We are confident that you will be pleased with the prescription benefit services that Catalyst Rx and US Specialty Care will provide.